Self Love After Abuse Coaching Services Terms and Conditions Policy

The information contained within www.selfloveafterabuse.com website is not a substitute for professional advice such as a Medical Doctor, Psychiatrist, or counsellor. The information provided by www.selfloveafterabuse.com does not constitute legal or professional advice nor is it intended to be.

Diagnosing psychological or medical conditions is for trained medical professionals (Physicians and Therapists), not for a Life Coach.

Any decisions you make, and the consequences thereof are your own. Under no circumstances can you hold www.selfloveafterabuse.com liable for any actions that you take. You agree not to hold www.selfloveafterabuse.com, or any employees of www.selfloveafterabuse.com, liable for any loss or cost incurred by you, or any person related or associated with you, as a result of materials or techniques, or coaching, offered by www.selfloveafterabuse.com

Results are not guaranteed and will vary. Results will depend entirely on your own individual capacity, work ethic, commitment, level of motivation, diligence in applying the information provided, and other factors.

www.selfloveafterabuse.com holds no responsibility for the actions, choices, or decisions taken or made by the client. You are solely responsible for your own decisions.

The owner of and contributors to www.selfloveafterabuse.com accept no responsibility or liability whatsoever for any harm - real or imagined - from the use or dissemination of information contained here.

If these terms are not agreeable, do not engage the services.

By engaging the services of www.selfloveafterabuse.com you have agreed to all terms and conditions.

Full Terms and Conditions

This website is owned and operated by Self Love After Abuse Coaching Services. These Terms set forth the terms and conditions under which you may use our website and services as offered by us. This website offers visitors self-help resources, information, and coaching services. By accessing or using the website of our service, you approve that you have read, understood, and agree to be bound by these Terms.

In order to use our website and receive our services, you must be at least 16 years of age, or of the legal age of majority in your jurisdiction, and possess the legal authority, right and freedom to enter into these Terms as a binding agreement. You are not allowed to use this website and receive services if doing so is prohibited in your country or under any law or regulation applicable to you.

Prices

The prices we charge for using our services are listed on the website. We reserve the right to change our prices for products displayed at any time, and to correct pricing errors that may inadvertently occur.

Booking and Cancellation Policy

Sessions are booked in thirty minute or one hour blocks. When relevant, overages are billed separately at the same rate.

For ongoing weekly clients, support includes email messaging throughout the week. All payments are made when the appointment is scheduled.

Client agrees that it is the Client's responsibility to notify the Coach at least 24 hours in advance of the scheduled call if the client cannot make the session. Client will be billed for a missed session if the client does not turn up or reschedule. Coach will wait for 15 minutes, before the Client is noted as not turning up for the session.

Your appointment starts at the agreed time; if you are late, your session is reduced by that amount of time. For example, if you are not available for your 2pm appointment until 2:15pm, then your "hour" will only be 45 minutes. The coach will wait for 15 minutes, before the Client is noted as not turning up for the session.

You can reschedule your appointment up to 2 hours before your video call is due to start. You reschedule via the members' area of www.selfloveafterabuse.com, you will need to create an account.

If the coach needs to cancel you will be given up to 2 hours' notice and the option to reschedule or cancel without charge.

Refund Policy

Choosing a coach should not be a hasty decision – it's important to find a good fit. Making sure we're a good match is important to me and will greatly benefit us both - which is why I offer a 15-minute risk-free discovery call.

- A refund is available after the first session if you have booked 4 or more sessions and do not want to continue. To receive this refund, you must notify me in writing within 24 hours after the initial session. Failure to do so will forfeit your opportunity for a refund.
- There are no refunds available on single sessions.

Retention of right to change offering

We may, without prior notice, change the services; stop providing the services or any features of the services we offer; or create limits for the services. We may permanently or temporarily terminate or suspend access to the services without notice and liability for any reason, or for no reason.

Ownership of intellectual property, copyrights and logos

The Service and all materials therein or transferred thereby, including, without limitation, software, images, text, graphics, logos, patents, trademarks, service marks, copyrights, photographs, audio, videos, music and all Intellectual Property Rights related thereto, are the exclusive property of Self Love After Abuse Coaching Services. Except as explicitly provided herein, nothing in these Terms shall be deemed to create a license in or under any such Intellectual Property Rights, and you agree not to sell, license, rent, modify, distribute, copy, reproduce, transmit, publicly display, publicly perform, publish, adapt, edit or create derivative works thereof.

Right to suspend or cancel user account

We may permanently or temporarily terminate or suspend your access to the service without notice and liability for any reason, including if in our sole determination you violate any provision of these Terms or any applicable law or regulations. You may discontinue use and request to cancel your account and/or any services at any time. Notwithstanding anything to the contrary in the foregoing, with respect to automatically-renewed subscriptions to paid services, such subscriptions will be discontinued only upon the expiration of the respective period for which you have already made payment

Indemnification

You agree to indemnify and hold Self Love After Abuse Coaching Services harmless from any demands, loss, liability, claims or expenses (including attorneys' fees), made against them by any third party due to, or arising out of, or in connection with your use of the website or any of the services offered on the website.

Limitation of liability

To the maximum extent permitted by applicable law, in no event shall Self Love After Abuse Coaching Services, be liable for any indirect, punitive, incidental, special, consequential or exemplary damages, including without limitation, damages for loss of profits, goodwill, use, data or other intangible losses, arising out of or relating to the use of, or inability to use, the service.

To the maximum extent permitted by applicable law, Self Love After Abuse Coaching Services assumes no liability or responsibility for any (i) errors, mistakes, or inaccuracies of content; (ii) personal injury or property damage, of any nature whatsoever, resulting from your access to or use of our service; and (iii) any unauthorized access to or use of our secure servers and/or any and all personal information stored therein.

Right to change and modify Terms

We reserve the right to modify these terms from time to time at our sole discretion. Therefore, you should review this page periodically. When we change the Terms in a material manner, we will notify you that material changes have been made to the Terms. Your continued use of the Website or our service after any such change constitutes your acceptance of the new Terms. If you do not agree to any of these terms or any future version of the Terms, do not use or access (or continue to access) the website or the service.

Promotional emails and content

You agree to receive from time to time promotional messages and materials from us, by mail, email or any other contact form you may provide us with (including your phone number for calls or text messages). If you don't want to receive such promotional materials or notices – please just notify us at any time. See the full Privacy Policy for further details.

Preference of law and dispute resolution

These Terms, the rights and remedies provided hereunder, and any and all claims and disputes related hereto and to the services, shall be governed by, construed under and enforced in all respects solely and exclusively in accordance with the internal substantive laws of England, without respect to its conflict of laws principles. Any and all such claims and disputes shall be brought in, and you hereby consent to them being decided exclusively by a court of competent jurisdiction located in England.

Customer support details & contact info

Please contact us at <u>selfloveafterabuse@gmail.com</u> if you required further information.

User community

All users that join a community have a public profile that is publicly visible to site visitors, and that their public activity (such as their posts or comments) will be visible to other visitors of the website. You can always opt-out and exit the community, and upon doing so, such user's profile will not be

publicly visible. Naturally, in such event the user will not be able to use the community features (e.g. liking, commenting or writing posts).

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